

A nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association

U-M Health MNA PPO

Community BlueSM PPO ASC

Effective Date: On or after January 2026

Benefits-at-a-glance

This is intended as an easy-to-read summary and provides only a general overview of your benefits. It is not a contract. Additional limitations and exclusions may apply. Payment amounts are based on BCBSM's approved amount, less any applicable deductible and/or copay. For a complete description of benefits please see the applicable BCBSM certificates and riders, if your group is underwritten. If your group is self-funded, please see any other plan documents your group uses. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan document, the plan document will control.

Prior authorization for Select Services - Services listed in this BAAG are covered when provided in accordance with Certificate requirements and, when required, receive prior authorization or approved by BCBSM except in an emergency.

Note: A list of services that require approval **before** they are provided is available online at **bcbsm.com/importantinfo**. Select **Approving covered services**.

Pricing information for various procedures by in-network providers can be obtained by calling the customer service number listed on the back of your BCBSM ID card and providing the procedure code. Your provider can also provide this information upon request.

Prior authorization for Specialty Pharmaceuticals - BCBSM will pay for FDA-approved specialty pharmaceuticals that meet BCBSM's medical policy criteria for treatment of the condition. The prescribing physician must contact BCBSM to request prior authorization of the drugs. **If prior authorization is not sought, BCBSM will deny the claim and all charges will be the member's responsibility.**

Specialty pharmaceuticals are biotech drugs including high cost infused, injectable, oral and other drugs related to specialty disease categories or other categories. BCBSM determines which specific drugs are payable. This may include medications to treat asthma, rheumatoid arthritis, multiple sclerosis, and many other diseases as well as chemotherapy drugs used in the treatment of cancer, but excludes injectable insulin.

Provider Networks

Your health care benefits include three provider networks or tiers

- Tier 1: Sparrow MNA PPO PLUS
 - Members will experience the **least** out-of-pocket cost when <u>facility and professional services</u> are provided at Sparrow MNA PPO PLUS. This network is also referred to as **Tier 1** throughout the coverage specifications.
- Tier 2: BCBSM PPO In-network Facility and Professional Providers
 - When services are performed by a provider who is part of BCBSM's PPO in-network, members will experience **greater** out-of-pocket costs. This tier is referred to as **Tier 2** throughout the coverage specifications.
- Tier 3: Out-of-network Facility and Professional Providers
 - Members are subject to the **greatest** out-of-pocket expenses when treatment is sought and received from non-panel providers without an authorized referral or in absence of an emergency. This tier is referred to as **Tier 3** throughout the coverage specifications.

Blue Cross provides administrative claims services only. Your employer or plan sponsor is financially responsible for claims.

ADM HCR-RXOC;ASCMOD 11437MED;AT ASC;CB ASC;CB-MTC \$30 ASC;CB-OCSM-12 ASC;CB-SP-OV \$30ASC;CB-UC- \$45 ASC;CBC 30%-IN ASC;CBC 50%-ON ASC;CBPCP-OV\$30 ASC;DC 26-ME ASC;EHB-VCO-ES ASC;NFAX-3 ASC

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Eligibility Information	
Members	Eligibility Criteria
Dependents	 Subscriber's legal spouse Dependent children: related to you by birth, marriage, legal adoption or legal guardianship; eligible for coverage through the last day of the month the dependent turns age 26
No-fault automobile accidents, option 3	Clarifies how payment for medical services will be coordinated between BCBSM and a member's motor vehicle insurance carrier when a member is involved in a motor vehicle accident. In all instances:
	 BCBSM will be the secondary plan when paying benefits for injuries that are a direct or indirect result of a motor vehicle accident, regardless of the provisions contained in a member's nofault motor vehicle insurance policy, and BCBSM will not duplicate benefits available under a member's nofault motor vehicle insurance policy.
	Note: The BCBSM payment, when combined with any payment a member receives under their no-fault motor vehicle insurance policy, will not be more than 100 percent of the BCBSM approved amount for covered services.

Member's responsibility (deductibles, copays, coinsurance and dollar maximums)			
Benefits	PPO N	PPO Network	
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Deductible	None	\$300 for one member, \$600 for the family (when two or more members are covered under your contract) each calendar year Note: Deductible may be waived	\$300 for one member, \$600 for the family (when two or more members are covered under your contract) each calendar year Note: Deductible may be waived for
		for covered services performed in a Tier 2 physician's office and for covered mental health and substance use disorder services that are equivalent to an office visit and performed in an in-network physician's office.	covered services performed in a Tier 3 physician's office and for covered mental health and substance use disorder services that are equivalent to an office visit and performed in an in-network physician's office.
Flat-dollar copays	 \$15 copay for office visits and office consultations \$15 copay for medical online visits \$25 copay for urgent care visits \$5 copay for outpatient physical, speech and occupational therapy \$50 copay for emergency room visits 	 \$30 copay for office visits and office consultations \$30 copay for medical online visits \$45 copay for urgent care visits \$50 copay for emergency room visits 	 \$30 copay for office visits and office consultations \$30 copay for medical online visits \$45 copay for urgent care visits \$50 copay for emergency room visits
Coinsurance amounts (percent copays) Note: Coinsurance amounts apply once the deductible has been met.	20% of approved amount for select covered services (coinsurance waived for covered services performed in a Tier 1 physician's office)	 10%, 20%, 25%, 30% or 50% of approved amount for select covered services (coinsurance waived for covered services performed in a Tier 2 physician's office) 	 10%, 20%, 25%, 30% or 50% of approved amount for select covered services (coinsurance waived for covered services performed in a Tier 3 physician's office)

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Benefits	1 1 O NOLWOIK		Tier 3 - Out-of-
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	Network
Annual out-of-pocket maximums - applies to deductibles, flat-dollar copays and coinsurance amounts for all covered services - including cost- sharing amounts for prescription drugs, if applicable	\$1,800 for one member, \$3,600 for the family (when two or more members are covered under your contract) each calendar year	\$1,800 for one member, \$3,600 for the family (when two or more members are covered under your contract) each calendar year	\$1,800 for one member, \$3,600 for the family (when two or more members are covered under your contract) each calendar year
Lifetime dollar maximum	None		

Preventive care services			
Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Health maintenance exam - includes chest x-ray, EKG, cholesterol screening and other select lab	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
procedures	Note: Additional well-women visits may be allowed based on medical necessity.	Note: Additional well-women visits may be allowed based on medical necessity.	
	One per member per calendar year		
Gynecological exam	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
	Note: Additional well-women visits may be allowed based on medical necessity.	Note: Additional well-women visits may be allowed based on medical necessity.	
	Two per member per calendar year		
Pap smear screening - laboratory and pathology services	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
	One per member per calendar year		
Voluntary sterilization of female reproductive organs	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
Prescription contraceptive devices - includes insertion and removal of an intrauterine device by a licensed physician	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
Contraceptive injections	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
Well-baby and Well-child visits	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
	 8 visits, birth through 12 months 6 visits, 13 months through 23 months 6 visits, 24 months through 35 months 2 visits, 36 months through 47 months Visits beyond 47 months are limited to one per member per calendar year under the health maintenance exam benefit 		

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Benefits	PPO Network		Tier 3 - Out-of-
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	Network
Adult and childhood preventive services and immunizations as recommended by the USPSTF, ACIP, HRSA or other sources as recognized by BCBSM that are in compliance with the provisions of the Patient Protection and Affordable Care Act	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
Fecal occult blood screening	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
	One per member per calendar year		
Flexible sigmoidoscopy exam	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
	One per member per calendar year		
Prostate specific antigen (PSA) screening	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	Not covered
	One per member per calendar year		
Routine mammogram and related reading	100% (no deductible or coinsurance)	100% (no deductible or coinsurance)	Not covered
	Note: Subsequent medically necessary mammograms performed during the same calendar year are subject to your deductible and coinsurance.	Note: Subsequent medically necessary mammograms performed during the same calendar year are subject to your deductible and coinsurance.	
	One per member per calendar year		
Colonoscopy - routine or medically necessary	100% (no deductible or copay/coinsurance) for the first billed colonoscopy	100% (no deductible or copay/coinsurance) for the first billed colonoscopy	Not covered
	Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance. for the first billed colonoscopy	Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance. for the first billed colonoscopy	
		Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance.	
	One per member per calendar year		

Physician office services				
Benefits	PPO N	Tier 3 - Out-of-Network		
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers		
Office visits - must be medically necessary	\$15 copay for each office visit	\$30 copay after Tier 2 deductible for each office visit	\$30 copay after Tier 3 deductible for each office visit	
Note: This includes mental health and substance use disorder services equivalent to medical office visits.				

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Benefits	11 O NOTION		Tier 3 - Out-of-
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	Network
Online visits - by physician must be medically necessary Note: Online visits by a vendor are not covered. Not all services delivered virtually are considered an online visit, but may be considered telemedicine. Telemedicine services will be subject to the applicable cost share associated with the service provided.	\$15 copay per online visit	\$30 copay after Tier 2 deductible per online visit	\$30 copay after Tier 3 deductible per online visit
Outpatient and home medical care visits - must be medically necessary	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Office consultations - must be medically necessary	\$15 copay for each office consultation	\$30 copay after Tier 2 deductible for each office consultation	\$30 copay after Tier 3 deductible for each office consultation
Urgent care visits - must be medically necessary	\$25 copay per urgent care visit	\$45 copay per urgent care visit	\$45 copay per urgent care visit

Emergency medical care			
Benefits	PPO N	Tier 3 - Out-of-Network	
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Hospital emergency room		\$50 copay per visit (copay waived if admitted or for an accidental injury)	\$50 copay per visit (copay waived if admitted or for an accidental injury)
Ambulance services - must be medically necessary	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 2 deductible

Diagnostic services			
Benefits	PPO I	Tier 3 - Out-of-Network	
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Laboratory and pathology services	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Diagnostic tests and x-rays	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Therapeutic radiology	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible

Maternity services provided by a physician or certified nurse midwife				
Benefits	PPO N	Tier 3 - Out-of-Network		
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers		
Prenatal care visits	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	

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Benefits	PPO Network		Tier 3 - Out-of-
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	Network
Postnatal care visit	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)
Delivery and nursery care Note: For facility services See "Hospital Care"	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible

Hospital care			
Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Semiprivate room, inpatient physician care, general nursing care, hospital services and supplies Note: Nonemergency services must be rendered in a participating hospital.	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
noopital.	Unlimited days		
Inpatient consultations	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Chemotherapy	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible

Alternatives to hospital care			
Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Skilled nursing care - must be in a participating skilled nursing facility	100% (no deductible or copay/coinsurance)	50% after Tier 2 deductible	50% after Tier 3 deductible
	Limited to a maximum of 100 days per member, per calendar year		
Hospice care	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
	provided through a participating ho	ts before electing hospice services; w spice program only ; limited to dollar r ximum, member transitions into indivi	maximum that is reviewed and adjusted
Home health care: must be medically necessary must be provided by a participating home health care agency limited to a maximum of 60 visits per member per calendar year	100% (no deductible or copay/coinsurance)	50% after Tier 2 deductible	50% after Tier 3 deductible

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Benefits	PPO Network		Tier 3 - Out-of-
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	Network
Infusion therapy: • must be medically necessary • must be given by a participating Home Infusion Therapy (HIT) provider or in a participating freestanding Ambulatory Infusion Center (AIC) • may use drugs that require prior authorization - consult with your doctor	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible

Surgical services			
Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Surgery - includes related surgical services and medically necessary facility services by a participating ambulatory surgery facility	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Presurgical consultations	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Voluntary sterilization of male reproductive organs Note: For voluntary sterilization of female reproductive organs, see "Preventive care services."	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Sterilization reversal for male and female reproduction organs	100% (no deductible or copay/coinsurance)	75% (no deductible)	75% (no deductible)
Note: Limits elective abortion procedures to one pregnancy termination per lifetime per covered person. Note: Abortions are not covered if rendered in a location where abortions are not legal.	\$100 copay	\$100 copay	\$100 copay
Bariatric surgery	100% (no deductible or copay/coinsurance)		90% (no deductible), not to exceed \$1,000 maximum payment amount

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Human organ transplants			
Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Specified human organ transplants - must be in a designated facility and coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)	100% (no deductible or copay/coinsurance)
Bone marrow transplants - must be coordinated through the BCBSM Human Organ Transplant Program (1-800-242-3504)	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Specified oncology clinical trials Note: BCBSM covers clinical trials in compliance with PPACA.	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Kidney, cornea and skin transplants	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible

Behavioral Health Services (Mental Health and Substance Use Disorder)

Note: Some mental health and substance use disorder services are considered by BCBSM to be equivalent to an office visit or medical online visit. When a mental health or substance use disorder service is considered by BCBSM to be equivalent to an office visit or medical online visit, we will process the claim under your Physician Office Services.

Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Inpatient mental health care and inpatient substance use disorder treatment Note: Facility services are covered in participating facilities only.	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
	Unlimited days		
Residential psychiatric treatment facility: • covered mental health services must be performed in a residential psychiatric treatment facility • treatment requires prior authorization • subject to medical criteria	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Outpatient mental health care: • Facility and clinic Note: Facility services are covered in participating facilities only.	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
 Online visits - for services equivalent to a medical online visit Note: Online visits by a vendor are not covered. 	\$15 copay per online visit	\$30 copay per online visit	\$30 copay per online visit

ADM HCR-RXOC;ASCMOD 11437MED;AT ASC;CB ASC;CB-MTC \$30 ASC;CB-OCSM-12 ASC;CB-SP-OV \$30ASC;CB-UC- \$45 ASC;CBC 30%-IN ASC;CBC 50%-ON ASC;CBPCP-OV\$30 ASC;DC 26-ME ASC;EHB-VCO-ES ASC;NFAX-3 ASC

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Benefits	PPO Network		Tier 3 - Out-of- Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	Network
Physician's office	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Note: For services equivalent to a medical office visit. See " Physician Office Services ".			
Outpatient substance use disorder treatment - in approved facilities only	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible

Autism spectrum disorders, diagnoses and treatment			
Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Applied behavior analysis (ABA) treatment - subject to prior authorization	Not covered	Not covered	Not covered
Note: Prior to seeking ABA treatment, the member must be evaluated by an interdisciplinary team including, but not limited to, a physician, behavioral health specialist, and a speech and language specialist for the services to be authorized. This interdisciplinary evaluation can be performed at an approved autism evaluation center (AAEC).			
Outpatient physical therapy, speech therapy and occupational therapy for autism spectrum disorder	Not covered	Not covered	Not covered
Other covered services, including nutritional counseling and mental health services, for autism spectrum disorder	Not covered	Not covered	Not covered

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Benefits	PPO Network		Tier 3 - Out-of-Network
	Tier 1 - Sparrow MNA PPO PLUS	Tier 2 - BCBSM PPO In- Network Providers	
Outpatient Diabetes Management Program (ODMP)	100% after (no deductible or copay/coinsurance) for diabetes medical supplies	70% after Tier 2 deductible for diabetes medical supplies 100% (no deductible or	70% after Tier 3 deductible for diabetes medical supplies
Note: Screening services required under the provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an in-network provider.	100% (no deductible or copay/coinsurance) for diabetes self-management training	copay/coinsurance) for diabetes self-management training	100% (no deductible or copay/coinsurance) for diabetes sel management training
Note: When you purchase your diabetic supplies via mail order you will lower your out-of-pocket costs.			
Allergy testing and therapy	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Chiropractic spinal manipulation and osteopathic manipulative therapy	100% (no deductible or copay/coinsurance)	50% after Tier 2 deductible	50% after Tier 3 deductible
	Limited to a combined 12-visit maxi	mum per member per calendar year	
Outpatient physical, speech and occupational therapy - provided for rehabilitation	\$5 copay	70% after Tier 2 deductible	70% after Tier 3 deductible
	Limited to a combined 60-visit maxi	mum per member per calendar year	
Note: DME items required under the preventive benefit provisions of PPACA are covered at 100% of approved amount with no in-network cost-sharing when rendered by an innetwork provider. For a list of preventive DME items that PPACA requires to be covered at 100%, call BCBSM.	100% (no deductible or copay/coinsurance)	50% after Tier 2 deductible	50% after Tier 3 deductible
Prosthetic and orthotic appliances	100% (no deductible or copay/coinsurance)	50% after Tier 2 deductible	50% after Tier 3 deductible
Private duty nursing care	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
Acupuncture treatment Note: Limited to 20 visits per member	100% (no deductible or copay/coinsurance)	70% after Tier 2 deductible	70% after Tier 3 deductible
per year			
Cardiac rehabilitation - Limited to combined 60 visits per member, per calendar year	\$5 copay	70% after Tier 2 deductible	70% after Tier 3 deductible
Hair prosthesis	80% (no deductible)	80% (no deductible)	80% (no deductible)
Prescription drugs	Not covered	Not covered	Not covered

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