Great Discounts for U-M Health Employees

Enjoy health, happiness, and savings with the LifeBalance Program! U-M Health offers thousands of exciting employee discounts through The LifeBalance Program! LifeBalance connects you with great deals on the things you care about most, including family fun, travel, health, fitness, electronics, and more.

How Do I Start Saving?

Visit **UMHealthRegion.LifeBalanceProgram.com** to create your free account with the email address of your choice and start saving today! Be sure to sign up for email updates to stay informed about new, seasonal, and time-sensitive discount offers.

Who Is Eligible?

UM Health employees and their household family members can register at **UMHealthRegion.LifeBalanceProgram.com** and use program discounts!

What Can I Save On?

Shop deals on exercise, electronics, apparel, travel, attraction admission, meal delivery, mortgage loans, childcare, gardening, healthcare products, and so much more! Some of Lifebalance's most popular savings include:

- Expedia: Up to 8% savings on hotel stays
- Samsung: Up to 30% savings on purchases
- Apple: Up to 10% savings on purchases
- Disneyland Resort: Members score special pricing on tickets
- Garmin: 20% savings on wearables, smartwatches, and scales
- **Hello Fresh:** 50% savings on the first box, 10% savings on the next 8 boxes, and one free add-on item for life
- Provident Funding: Up to \$5,000 savings on home purchase or refinance
- FTD: 25% savings on all orders
- Sam's Club: 60% savings on one-year memberships
- **KinderCare Learning Centers:** 10% savings on standard weekly or monthly tuition
- **TravelPerks Dream Vacations:** Up to \$2,000 savings on cruises, resort stays, and tours

Who Do I Contact with Questions?

The LifeBalance Members Services Team is always happy to assist you! Please call **888.754.5433** or email **info@LifeBalanceProgram.com** with any questions or feedback!













